



ةيبرعلا ةغللا ملكتأ
Hablo Español
Tôi nói tiếng Việt
Я говорю по-русски

What language do you speak at home? Ask for an interpreter for free!

It is important that you and your family are able to ask questions and get answers about your health in your own language.

Everyone deserves great care

PacificSource or your doctor's office can make sure an interpreter is there to help during appointments. Doctor visits include:

- Medical
- Dental
- Mental health

As part of your Oregon Health Plan, a certified interpreter is available to you.

An interpreter:

- Is free
- Ensures better care
- Protects your privacy

It helps to keep a Preferred Language Card with you

If you want an interpreter during your medical appointment, you can ask any healthcare worker to get the help you need. Just show them your **Preferred Language Card**.

You have the right to understand

The Oregon Health Authority (OHA) can help. You can find printable Preferred Language cards in 25 languages at Oregon.gov/oha. Or call PacificSource—we can send you a card in the mail or a printable one by email.

Continued >

Our hours

Oct. 1 – Jan. 31:

8:00 a.m. – 8:00 p.m.,
seven days a week

Feb. 1 – Sept. 30:

8:00 a.m. – 5:00 p.m.,
Monday – Friday

Phone

Toll-free: 800-431-4135

En Español: 866-281-1464

TTY: 711

We accept all relay calls

Email

CommunitySolutionsCS@PacificSource.com

CommunitySolutions.PacificSource.com



PacificSource
Community Solutions

Preferred Language Card examples:



Preferred Language Cards are available in 25 languages

3 ways to get your own:

1. If you see your language on the left, you can clip it out to keep with you.
2. Go to Oregon.gov/oha/OEI/Pages/HCI-Resources-Events-Policy-Laws.aspx
3. Call PacificSource

<p>Preferred Language Card</p> <p>I speak Spanish</p> <p>I need language help. Please give me a qualified or certified interpreter in my spoken language. Please note this language in your permanent records.</p> <p>Thank you!</p>	<p>Tarjeta de Idioma Preferido</p> <p>Hablo español</p> <p>Necesito ayuda de idiomas. Favor de darme un intérprete calificado o certificado en español y registre mi idioma en el expediente permanente.</p> <p>¡Gracias!</p>
<p>Preferred Language Card</p> <p>I speak Russian</p> <p>I need language help. Please give me a qualified or certified interpreter in my spoken language. Please note this language in your permanent records.</p> <p>Thank you!</p>	<p>Карточка предпочитаемого языка для общения</p> <p>Я говорю по-русски</p> <p>Мне необходима помощь для общения на моем языке. Пожалуйста, предоставьте квалифицированного или сертифицированного переводчика, который говорил бы на моем языке. Пожалуйста, внесите в свои записи сведения о том, что этот язык является моим основным языком общения. Спасибо!</p>
<p>Preferred Language Card</p> <p>I speak Vietnamese</p> <p>I need language help. Please give me a qualified or certified interpreter in my spoken language. Please note this language in your permanent records.</p> <p>Thank you!</p>	<p>Thẻ Ngôn Ngữ được Ưu Chuông</p> <p>Tôi nói tiếng Việt</p> <p>Tôi cần giúp đỡ về ngôn ngữ. Xin cung cấp cho tôi một người hội đủ điều kiện hoặc được chứng nhận thông dịch ngôn ngữ tôi nói. Xin ghi nhớ ngôn ngữ này lưu trữ trong hồ sơ của quý vị vĩnh viễn.</p> <p>Cám ơn!</p>
<p>Preferred Language Card</p> <p>I speak Arabic</p> <p>I need language help. Please give me a qualified or certified interpreter in my spoken language. Please note this language in your permanent records.</p> <p>Thank you!</p>	<p>بطاقة اللغة التي أفضل التحدث بها</p> <p>أتكلم اللغة العربية</p> <p>أحتاج الى مساعدة في اللغة، يرجى تزويدي بمترجم شفهي مؤهل أو محلف في لغتي التي أتكلمها. يرجى تدوين هذه الملاحظة في سجلاتكم الدائمة.</p> <p>مع الشكر!</p>

You can get this document in another language, large print, or another way that's best for you: Call toll-free 800-431-4135, TTY 711.

Usted puede recibir este documento en otro idioma, impreso en letra más grande o de cualquier otra manera que sea mejor para usted. Llame al número gratuito 800-431-4135. Los usuarios del servicio TTY pueden llamar al 711.